

## Tutorial 05. Update Only Fields

Sometimes you might want certain values to be stored into Workfront only after an object already exists, but never set the value during creation of that object.

### The syntax

Columns that should have their cell values pushed to Workfront only during update of the corresponding objects need to have an “UPDATEONLY~” prefix in the column heading.

BE
UPDATEONLY~extRefID
Project 123
Project 456
Project 789